

Self-Advocacy Worksheet for Interviews

The key to self-advocacy is preparation. Use this worksheet to ensure your needs are considered in your next interview.



Self-Advocacy Scenario

Describe your next interview with these prompts.

What is the job title? _____

What is the company name? _____

Do I feel qualified? _____



Self-Advocacy Questions

Answer the following questions to uncover your goals and strengths.

What is my dream position?

What red flags am I looking for?

What is one benefit that I need?

Do I feel qualified?

What is my management style?

What is my greatest asset?



Personal Summary

Write out a summary of your ideal outcome of the scenario.
